

For Immediate Release

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Directions For Mental Health To Hold Charity Golf Tournament In May 2010

Sponsors and Golfers Invited to Event at Belleair Country Club

CLEARWATER, FL (February 15, 2010) - Directions For Mental Health, Inc. will host an afternoon golf outing on May 13, 2010 at the Belleair Country Club in Clearwater, FL. Proceeds from the 18-hole scramble titled *Keep Kids Safe At Home* will support services such as counseling, case management, psychiatry and foster care services for local children.

The tournament begins at 12 p.m. on Thursday, May 13, 2010 and will be followed by hors d'oeuvres and a silent auction at the Belleair clubhouse. The Belleair Country Club is located at 1 Country Club Lane in Belleair, FL. The renowned club features Florida's first golf course. Directions For Mental Health is currently seeking event sponsors and invites golfers to register.

"We are very happy to host our first-ever golf tournament. This event is critical to our organization and the children and families we serve," says David Lomaka, President / CEO. Over 4,000 children are in out-of-home placements in our community. Proceeds from the event support services including counseling, case management and psychiatric treatment.

To find out more or register for Directions For Mental Health's *Keep Kids Safe At Home* Golf Inaugural, call (727) 524-4464 ext. 1700.

About Directions For Mental Health, Inc.

Directions for Mental Health, Inc., established in 1982, is a non-profit organization committed to helping heal the hurt in the lives of thousands of Pinellas County residents facing or at risk of facing mental health challenges. With nationally accredited programs, Directions sets the standard for best practices in mental health treatment, while making mental health care affordable and accessible to individuals and families, and building a safer, healthier community. Serving more than 8,000 people per year, Directions is dedicated to developing innovative programs that change lives, while reducing crime, homelessness, drug abuse and child abuse.

For questions about mental health services, visit Directions for Mental Health's website at www.directionsmh.org or call (727) 524-4464 extension 1700.

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