

FOR IMMEDIATE RELEASE

Contact: Laura Bianco
laura@alliancecommunications.net
(813) 978-1992 ext. 227

**Directions for Mental Health Inc. Announces New
Clinical Director**

TAMPA, FL, October 10, 2007 — Directions for Mental Health Inc., a private non-profit mental health organization in Clearwater, announces the appointment of **Nancy Gordon, LCSW**, as Clinical Director. In her position, Gordon will oversee all organizational programs as well as develop prevention, early intervention and treatment programs for the mental health needs of children, families, adults and seniors throughout Pinellas County.

“We’re excited to have Nancy join our team as Clinical Director,” says R. Thomas Riggs, President and CEO of Directions for Mental Health Inc. “Her experience leading other organizations like Directions is just what we need to help us in our mission of helping the community.”

Prior to joining Directions, Gordon came to Florida after being recruited for the position of Clinical Director at Tampa Bay Academy. She then she became Clinical Director at Bowling Green Youth Academy where in both programs, Gordon was responsible for the clinical program management. Gordon specializes in providing evidenced based psychiatric and substance abuse treatment to adolescents and families. She worked 20 years for Retreat Healthcare of Brattleboro, Vermont in positions as Director of Social Services, Clinical Director and Social Worker and was responsible for creating one of the first adolescent residential programs in the country that adapted Dialectical Behavioral Therapy to adolescent residential treatment. She has presented locally and nationally about this implementation process.

About Directions for Mental Health Inc.

Directions for Mental Health, Inc., established in 1982, is a non-profit organization committed to helping heal the hurt in the lives of thousands of Pinellas County residents suffering from—or at risk of—mental illness. With nationally accredited programs, Directions sets the standard for best practices in mental health treatment, while making mental health care affordable and accessible to individuals and families, and building a safer, healthier community. Serving more than 8,000 people per year, Directions is dedicated to developing innovative programs that change lives, while reducing crime, homelessness, drug abuse and child abuse.

For questions about mental illness and programs, visit Directions for Mental Health's website at www.directionsmh.org or call (727) 524-4464 extension 1700.

#

Hi-resolution images available.